

Listening and Speaking

Speaking Strategy

Talking about past experiences



A. You may use 'present perfect tense' to ask and talk about past experiences.

A: Have you ever played the game 'Travel to Mars'?

B: Oh, yes. I have learned to play it recently. But I don't want to play it again.

A: Really? Why?

B: It takes a lot of my time. I have attended a Spanish class since last Monday. I like to spend my time on that.

A: I see. But you can play it in your free time.

B: I don't know. I haven't thought about that yet.



You may use the following patterns to ask and answer about your past experiences.

Have you ever?

Yes, I have it once, last year,

No, I haven't. Maybe I try it later.

B. Listen to the following conversations and fill in the blanks.

Conversation 1



1. Hamid is on a team.
2. He has quit the team to

Pair up and ask your friends about the experiences they have had. You may use the verbs in the box.

watch Amir Kabir TV series, read poems of Hafez, play football, make a paper boat, travel to the South

Conversation 2



1. Farideh wants to
2. Farideh has tried

Pair up and ask your friends about the things they haven't experienced yet. You may use the verbs in the box.

play golf, climb Mount Everest, travel to the moon, take part in the Olympics

محدثه مرآتی - متن فایل صوتی زبان انگلیسی یازدهم، درس دوم، صفحه ۷۰، بخش لیسینگ

Conversation 1:

A: Have you ever played on any of the school's sports teams?

B: Yes, I have played volleyball for two years.

A: Are you still on the team?

B: No, I have left it.

A: Why?

B: I want to study more. Maybe I play volleyball in the university.

Conversation 2:

A: I have put on weight recently. I don't know what to do.

B: What have you done to lose weight so far?

A: I have tried many different diets, but they didn't work.

B: That's the point. Have you done daily workouts?

A: No, I haven't. I don't have time for workouts.

B: Let me show you some easy moves. First you need to...



A. Listen to the first part of a report.

1. Complete the sentences based on what you've just heard.

Some people have three bad habits. They are

.....

By making just a few changes in their lifestyle, people

.....

2. Listen again and list all 'present perfect tenses'.

B. Now read the rest.

People's busy lifestyle in big cities has created many problems for their health. Rushing to and from school and work has made it hard for everyone to be physically active. Many people do not have time to cook or prepare healthy food. They eat unhealthy snacks and junk food. This type of diet has changed people's taste and many young people now prefer fast food to homemade dishes. Watching TV and working with technology for long hours have also risked people's health. They have increased the risk of heart diseases and sleep disorders. So the things that seem so simple now can cause serious problems in the future.

3. Skim the text and suggest a title for it.

4. Scan the text and underline all 'gerunds'.

C. Work in pairs. Ask and answer.

Name three things people have to change in their lifestyle.

Is it really easy to change our lifestyle?

Why is too much working with technology dangerous?



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Making just a few changes in people's lifestyle can help them live longer. Research shows that three bad habits have risked people's health in recent years. They are smoking, not exercising, and not eating enough fruits and vegetables. While at first it seems easy, many people have found changing these things very difficult.